

Hi! My name is Tommy and I'm one of the BFFM Friends!

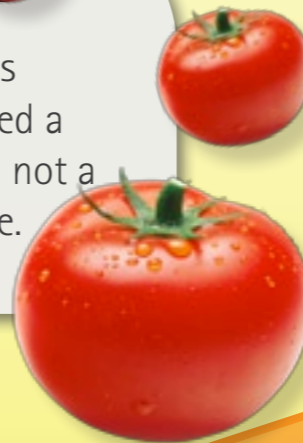
My favourite sport is swimming, where my best stroke is freestyle. My favourite colour is red and in my spare time I like to snorkel and one day go scuba diving. My friends see me as enthusiastic because I'm open to trying new sports and activities.

My favourite subjects at school are maths and science (which others find hard to believe!), but I hope to become either a scientist or doctor in the future and help others.

Tommy

DID YOU KNOW?

Tomato is considered a fruit and not a vegetable.



ACTIVITY 1: Tommy's Find-A-Word!
Can you find all things sporty in the puzzle below?

S	W	I	M	M	I	N	G	S
O	C	R	I	C	K	E	T	I
C	A	Y	E	H	C	T	R	N
C	Y	E	R	U	G	B	Y	N
E	C	K	I	M	O	A	S	E
R	L	C	B	A	L	L	E	T
D	I	O	L	S	F	L	R	E
A	T	H	L	E	T	I	C	S

SOCCER
TENNIS
SWIMMING
RUGBY
ATHLETICS

HOCKEY
NETBALL
BALLET
GOLF
CRICKET

ACTIVITY 2: Tommy's Word Scramble!
Can you help Tommy unscramble these healthy words?

NANAAB _____

CCEROS _____

EGNARO _____

MOMYT OOTTAM _____



An Olympic gold medal must contain at least 6 grams of gold!

FUN FACTS!